

Bellevue Flyer—Coaches

2023-2024 School Year

Tiny Tot Program

Parent Tot (18 months-3 yrs)		
Tues	9:30-10:15am	Anne
Thurs	10:15-11:00am	Anne

Grasshopper (3 year olds)		
Mon	9:30-10:15am	Anne
Mon	11:30-12:15a/p	Anne
Mon	4:45-5:30pm	Dawn
Tues	5:15-6:00pm	Dawn
Wed	3:30-4:45pm	Adella
Sat	9:45-10:30am	Kaylen

Bumblebee (4 yrs-Kindergarten Intermediate)		
Mon	5:45-6:45pm	Bianca
Tue	3:15-4:15pm	Krystal
Tue	4:30-5:30pm	Taylor
Tue	6:00-7:00pm	Dawn
Wed	4:30-5:30pm	Adella
Thurs	5:30-6:30pm	Krystal
Sat	10:15-11:15am	Ruchi

Hummingbird (4yrs-Kindergarten Advanced)		
Mon	5:30-6:30pm	Dawn

Cricket (4 yrs-Kindergarten Beginner)		
Mon	10:30-11:15am	Anne
Mon	2:45-3:30pm	Dawn
Mon	3:00-3:45pm	Bianca
Mon	3:45-4:30pm	Dawn
Mon	3:45-4:30pm	Bianca
Tues	10:30-11:15am	Anne
Tues	2:30-3:15pm	Dawn
Tues	3:15-4:00pm	Dawn
Tues	3:30-4:15pm	John
Tues	4:15-5:00pm	Dawn
Wed	1:45-2:30pm	Taylor
Wed	2:00-2:45pm	Adella
Wed	2:45-3:30pm	Adella
Wed	2:45-3:30pm	Taylor
Wed	3:30-4:15pm	Annika
Wed	5:00-5:45pm	Bianca
Wed	5:30-6:30pm	Annika
Thurs	9:15-10:00am	Anne
Thurs	2:15-3:00pm	John
Thurs	3:00-3:45	John
Thurs	3:15-4:00pm	Emily
Thurs	3:30-4:15pm	Krystal
Fri	3:15-4:00pm	John
Fri	4:00-5:00pm	Annika
Fri	4:30-5:15pm	Ella N
Fri	5:45-6:30pm	Annika
Sat	10:00-10:45am	Deeksha
Sat	10:45-11:30am	Emily
Sat	11:00-11:45am	Yoojin
Sat	11:30-12:15a/p	Ruchi
Sat	12:15-1:00pm	Ruchi
Sat	12:15-1:00pm	Taylor
Sat	1:00-1:45pm	Kaylen

Schedule is subject to change as we add classes

Bellevue Flyer—Coaches

2023-2024 School Year Girls Program

Mini Bouncer/Bouncer (1st-5th Beginner)		
Mon	4:30-5:30pm	Bianca
Mon	5:00-6:00pm	Anne
Mon	6:00-7:00pm	Teagan
Tues	4:15-5:15pm	Norton
Tues	5:15-6:15pm	Anne
Wed	1:45-2:45pm	Bianca
Wed	2:00-3:00pm	John
Wed	2:00-3:00pm	Yoojin
Wed	2:45-3:45pm	Anne
Wed	2:45-3:45pm	Bianca
Wed	3:15-4:15pm	Norton
Wed	4:00-5:00pm	Bianca
Wed	4:00-5:00pm	Yoojin
Wed	4:30-5:30pm	Annika
Wed	5:00-6:00pm	Yoojin
Wed	5:45-6:45pm	Cecelia
Wed	6:00-7:00pm	Bianca
Thurs	4:15-5:15pm	Emily
Thurs	5:00-6:00pm	Anne
Thurs	5:00-6:00pm	Hannah
Thurs	6:15-7:15pm	Hannah
Fri	4:15-5:15pm	Adella
Fri	4:45-5:45pm	Annika
Fri	5:00-6:00pm	Teagan
Fri	6:15-7:15pm	Teagan
Sat	9:15-10:15am	Ruchi
Sat	9:45-10:45am	Yoojin
Sat	10:45-11:45am	Kaylen
Sat	12:00-1:00pm	Kaylen
Sat	12:00-1:00pm	Yoojin
Sat	12:15-1:15pm	Deeksha

Mini Bounders (1st-2nd Beginner)		
Tues	4:30-5:30pm	Krystal
Sat	11:00-12:00a/p	Deeksha

Bounders (3rd-5th Beginner)		
Mon	4:00-5:00pm	Norton
Sat	11:30-12:30a/p	Emily

Mini Flip/Flips (1st-5th Intermediate)		
Mon	7:00-8:00pm	Teagan
Tues	5:30-6:30pm	Norton
Tues	5:45-6:45pm	Cecelia
Wed	1:45-2:45pm	Anne
Wed	2:30-3:30pm	Annika
Wed	3:00-4:00pm	Yoojin
Wed	5:30-6:30pm	Adella
Wed	6:15-7:15pm	John
Wed	6:45-7:45pm	Cecelia
Thurs	4:00-5:00pm	Hannah
Thurs	4:30-5:30pm	Krystal
Fri	5:30-6:30p,	Adella
Fri	6:30-7:30pm	Ella
Fri	7:15-8:15pm	Teagan
Sat	9:30-10:30am	Emily
Sat	1:15-2:15pm	Deeksha

Mini Flips (1st-2nd Intermediate)		
Mon	4:00-5:00pm	Anne

Flips (3rd-5th Intermediate)		
Tues	5:30-6:30pm	Krystal

Aerials (1st-5th Intermediate/Advanced)		
Mon	4:45-6:00pm	Teagan
Mon (A/SP c*)	5:15-6:30pm	Norton
Tues	4:00-5:15pm	Anne
Tues	6:45-8:00pm	Cecelia
Thurs	3:45-5:00pm	Norton
Thurs	5:45-7:00pm	Emily
Sat	1:00-2:15pm	Emily

Springers (1st-5th Grade Advanced)		
Mon (A/SP c*)	5:15-6:30pm	Norton
Wed	4:45-6:00pm	Anne

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Issaquah & Bellevue 2023-2024 School Year Special Programs Coaches Flyer

For more information on registering, tuition, and other programs, please visit www.gymeast.com

Bold/Italic is held at the team gym*

Boys Program Issaquah Class Gym

Mini Eagles/Eagles (Beginner Boys)		
Tues	7:15-8:15pm	Maia
Sat	10:45-11:45am	John
Sat	1:15-2:15pm	Ella
Sun	12:00-1:00pm	John
Sun	1:30-2:30pm	John

Falcons (Intermediate Boys)		
Sun	1:30-2:30pm	John

Issaquah Middle School Girls Issaquah Team Gym

Middle School		
<i>Tues</i>	<i>7:15-8:45pm</i>	<i>Shana, Audrey</i>
<i>Thurs</i>	<i>7:15-8:45pm</i>	<i>Aurdrey</i>

Dance/Acro Class Issaquah Gym

Dance/Acro Class		
Sat	9:00-10:00am	Krystal

Boys Program Bellevue Gym

Mini Eagles/Eagles (Beginner Boys)		
Mon	5:30-6:30pm	Christie
Tues	5:45-6:45pm	Taylor
Wed	3:00-4:00pm	John
Wed	5:15-6:15pm	John H
Wed	7:30-8:30pm	John H
Sat	1:00-2:00pm	Taylor

Falcons (Intermediate Boys)		
Tues	7:00-8:00pm	Taylor

Bellevue Middle School Girls Program

Middle School		
Mon	4:00-5:30pm	Christie
Thurs	7:15-8:45pm	Emily

Bellevue High School Girls Program

High School		
Mon	7:00-9:15pm	Ellie, Amber, Mia
Tue	7:30-9:30pm	Lindsay
Wed	8:00-10:00pm	Lindsay

Tramp and Tumbling Program Bellevue Gym

Tramp and Tumbling Class		
Tues	4:15-5:15pm	Anson
Thurs	4:15-5:15pm	Anson

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