



# September Newsletter

GYMNASICS EAST

## Enrollment & Payment Policy

**You are enrolled through the end of our school year - June 22, 2019. You may withdraw at any time with a minimum of one week's notice given to the office.**

There are four billing cycles in our school year session. The first billing cycle runs 9/5/18-11/7/18 & we are closed on 10/31/18. There will be 9 classes offered during this time to all classes.

Tuition is due one week prior to the commencement of each 9-week Billing cycle.

### Tuition Due Dates:

at time of registration,

Nov. 5th, 2nd billing cycle

Jan. 21st, 3rd billing cycle

April 8th, 4th & final billing cycle

Tuition is PAST DUE **7** days after the tuition due date and a late fee of \$15

## Open Gym

For Kindergarten through Middle School on most Saturday nights.

6:30pm - 7:30pm &/or 7:30pm -8:30 p.m.

Cost: \$10 per person per hour + tax

Register online or at the office.

To use Open Gym as a make up, please schedule through the office.

Friends allowed only with a signed waiver.

Open Gym Cancellation Policy— you must cancel by end of day on the Thursday prior to open gym or you will be charged the \$10 or lose your makeup.

## Issaquah Salmon Days Parade & Festival October 6th & 7th

Come see our teams performing in the Parade Saturday Oct. 6th at 10:00am along Front Street & Gilman Blvd.

**EXPECT TRAFFIC DELAYS!**

## Did You Know?

All Gym East employees are USA SafeSport certified, CPR/First Aid certified, have completed several USA Gymnastics online safety and child abuse courses as well as Concussion Education courses. Also we do national background checks on all our employees regularly.

The following links may be helpful to you:

Concussion

[www.cdc.gov/headsup/parents/index.html](http://www.cdc.gov/headsup/parents/index.html)

SafeSport Parent Courses

<https://usagym.org/pages/education/safesport/images/safesport.png>

*Raise a child's self esteem and she/he will achieve!  
Fun first + achievable expectations +  
praise & encouragement.*

## Advancement

Our gymnastics program is skill based.

**All skills** must be mastered at each level for a student to move to the next. The list of move up requirements is on our website (www.gymeast.com) and in the gym lobby.

**A skill evaluation** with a senior instructor is required to move to the next level. Your teacher has an evaluation request form to submit to the office when your child is ready and the office will schedule an evaluation with you.

## Upcoming Events

*Mark your calendars now*

### Mini Nationals ..... Saturday, Nov. 10th

A fun gymnastics meet for 1st-5th grade girls in all levels with ribbon awards & goodie bags for all participants.

Routines will be taught during class.

**Registration for Mini Nationals opens Oct. 1st.** Entry fee is \$23+tax.

### Winterfest ..... Saturday , Dec. 8th

An opportunity to perform for our Grasshoppers, Crickets, Bumblebees & Hummingbirds. Musical routines will be taught in class. There will also be a tumbling course. All are invited to participate. No entry fee but a small admission fee is charged. Each show lasts approx. 45 minutes