Gymnastics East

Issaguah 425-392-2621

Bellevue 425-644-8117 October Newsletter



Your second of 4 payments for the school year is due November 5th. Our next billing cycle (Nov. 8th—Jan. 26th) includes 9 class/weeks plus any holiday closures during that period.

Gymnastics East will be closed Oct. 31st for Halloween.

This date is not counted as a class day in this billing cycle.

Level Mobility

Move up requirements for each level are posted in our lobby. Your coach has an evaluation request form to submit to the office when your child is ready to advance and the office will schedule an evaluation with you.



OPEN GYM

For Kindergarten thru Middle School Saturdays 6:30 - 7:30 & 7:30 - 8:30 p.m.

You may use this as a make-up or enjoy at \$10 per person per hour + tax. Friends are welcome.

Pre-registration required.

Open Gym is not offered every Saturday so check dates on our website's calendar on the News & Events page. For a make-up, register directly with the office.

A cancelation policy applies—you must cancel by end of day on the Thursday prior to open gym or you will be charged the \$10 + tax or lose your make up.

Issaquah Salmon Days Parade & Festival October 6th & 7th

See our teams performing in the Parade Saturday Oct. 6th at 10:00am along Front St.& Gilman Blvd.

EXPECT TRAFFIC DELAYS!

Did you know you can...

Follow us on instagram: gym east

Like us on Facebook:

www.facebook.com/gymnasticseast

Check our Twitter page: @gymnasticseast

...... Coming Soon



Mini Nationals for 1st – 5th Grade Girls

Sat. Nov. 10th at 2:00, 3:30 & 5:00pm at our Issaguah Team Gym (1590 NW Maple Street)

> **Experience the excitement and** challenge of a gymnastics meet! Participants perform on Floor, Bars, Vault, Beam and Rope.

Our team girls will be judging and awarding scores and ribbons on all events for your efforts. Special judges awards will be given for outstanding performances. Goodie bags for all! This event has a limited number of participants, so signup early!! We always fill up!!

Registration is online only for the first two days beginning Monday, October 1st and then starting October 3rd at either gym office.

Entry fee \$23 + tax.

Give your child an opportunity to perform in public and polish up her technique and presentation.

Annual Winterfest Show

for all Preschoolers & **Kindergarteners**

Saturday, December 8th at the Issaquah Team Gym

This is a grand event for your little one. complete with costumes, musical routines as well as a tumbling course. A gift for every performer!



We will be learning routines during warm ups in November.

The schedule for your child's class performance will be posted mid-November. No fee for performers, but there will be a small admission fee.

TRICK FOR A TREAT

Oct. 24th—30th we will be giving out candy at the end of class for a gymnastics trick!! (no candy with nuts).

Please let us know if you do not want your child to participate.



