

May 19th Special Open Gyms

all at our Bellevue Gym

Register online at www.gymeast.com or at either office

Deadline 7pm May 18th



2:00 - 2:45pm and 2:45 - 3:30pm

Cost: \$8/per child



For 1st Grade - 5th grade only

3:30 - 4:30pm and 4:30 - 5:30pm

Cost: \$10/per child



For Aerials, Springers and Middle Schoolers only

5:45 - 7:15pm Cost: \$15/athlete

Open gym is a noninstructional time for your child to practice skills independently and play with new kids of all ages in a fun and safe environment. Our supervising coaches are all CPR/First Aid Open gym is for current students as well as the general public! Jump on the trampoline, practice a cartwheel, balance on the beam and swing on the bars.

Open gym may be used as a make-up class but you must pre-register at the office during business hours.

All students must have an open-gym waiver on file to participate. Cancellation is required by end of day the Thursday prior to your Open Gym date or your account will be charged the Open Gym fee of \$8, \$10 or \$15 per student per hour. If Open Gym is scheduled as a make-up, you will lose that make-up!

Open gym tips & guidelines:

- The business office and phone are not staffed during open gym time.
- Your Open Gym waiver is included with the waivers in our parent portal, this needs to be completed in order for your child to participate.
- Tie all long hair back and remove socks and shoes before checking in.
- Foam pit is not available during open gym.
- One person on the trampolines and rings at a time.
- No jumping off equipment to swing on rope.
- Only coaches and students are allowed on the gym floor.