

January Newsletter



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Dates to remember:

Closures:

Feb. 18th - 23rd for Mid-Winter Break
April 8th—13th Spring Break
May 22nd - 28th Memorial Weekend
June 17th - 22nd—Last week of School Year classes.

Tuition Payment Due

Jan. 21st—for 3rd billing cycle
April 8th—for final billing cycle

Enrollment for summer classes
begins March 25th for both locations!

Hopefully this helps you schedule your vacations!

FOOTBALL MONTH at Gymnastics East

We'll be warming up like the footballers, holding footballs while rolling safely, and applying the football themes everywhere we go in the gym. Everybody's having fun with this theme. Ask your child about it!



BAD WEATHER POLICY

During any School District closures related to bad weather, please visit our website at www.gymnasticseast.com under "Breaking News" or call us to check on class status.

If the roads are clear and the gyms are accessible, we may be running classes!

Stickers For Handstands

Once again, through January, we will be awarding stickers for handstands.

One sticker for a vertical handstand,
2 for 2 sec. hold, 3 for longer.

*Parents,
Help your child at home!
Provide a safe practice area, hold one ankle in vertical and time their handstand.*

Play Wisely

A Fun, Engaging, Science-based Play system to kick-start learning for 4 months—3 years
Play Wisely starts January 7th
For more information look under 'classes' on our website
see flyer in the lobby

Open Gym for K thru Middle School

Saturdays 6:30pm - 7:30pm
& 7:30pm - 8:30pm

\$10 + tax per person/per hour.
You may use Open Gym for a make up at no charge.

Pre-registration is required.
Cancellation policy applies.

Pajama Week

Jan. 28th—Feb. 2nd

Wear your favorite pajamas to class this week and come ready for fun games and activities!



Coming Events

Spring Mini Nationals: Saturday, March 9th for 1st - 5th grade girls held at the Issaquah Team gym. Registration for this popular event begins Feb. 4th at each location. Cost is \$23 + tax per entrant and sells out quickly!! This is an opportunity to perform individually, be judged for presentation, and enjoy being part of a team. There will be 3 sessions at 2:00pm, 3:30pm & 5:00pm.

Mid Winter Break Camp; Wed., Feb 20th—Friday, Feb. 22nd for Kindergarteners - Middle School

Time: 1:30pm—5:30pm Location: Issaquah Gym
Registration available starting: January 4th online or at the office.

Watch for more information on these events on our website's News/Events Page at www.gymnasticseast.com.