

# Issaquah Gym School Year Coaches 2019-2020

<b>BABIES</b> (6-17 months)		
Mon 9:00		Morgan

<b>PARENT &amp; TOT</b> (18 months – 3years)		
Mon.	9:30 - 10:10	Greg
Wed.	10:15 - 11:05	Frances
Sat.	9:00 - 9:40	Cynthia

<b>GRASSHOPPERS</b> (3 year olds)		
Mon.	10:30 - 11:15	Greg
Mon.	11:15 - 12:00	Greg
Mon.	5:00 - 5:45	Dawn
Tues.	10:00 – 10:45	Cynthia
Tues.	11:00 – 11:45	Cynthia
Tues.	5:00 - 5:45	Tricia
Wed.	10:00 - 10:45	Dawn
Wed.	10:45 - 11:30	Dawn
Wed	4:00 - 4:45	Trunel
Thurs.	9:30 - 10:15	Tricia
Thurs.	4:30 - 5:15	Morgan
Thurs.	5:00 - 5:45	Tricia
Fri.	11:15 - 12:00	Dawn
Sat.	10:30 – 11:15	Tricia
Sat.	11:15 - 12:00	Kathy

<b>CRICKETS</b> (Beginner 4-6 year olds)		
Mon.	11:15 - 12:00	Morgan
Mon.	3:15 – 4:00	Tricia
Mon.	3:30 - 4:15	Celeste
Mon.	4:00 - 4:45	Jacob
Mon.	4:15 - 5:00	Celeste
Mon.	5:45 - 6:30	Dawn
Mon.	6:30 - 7:15	Celeste
Tues.	9:15 - 10:00	Cynthia
Tues.	11:45 - 12:30	Cynthia
Tues.	3:00 - 3:45	Donna
Tues.	6:15 - 7:00	Kathi
Wed.	9:30 - 10:15	Frances
Wed.	11:15 - 12:00	Frances
Wed.	12:15 - 1:00	Frances
Wed.	1:45 - 2:30	Greg
Wed.	1:45 - 2:30	Shana
Wed.	2:00 - 2:45	Jacob
Wed.	4:30 - 5:15	Tricia

<b>CRICKETS CONTINUED</b> (Beginner 4-6 year olds)		
Thurs.	10:15 – 11:00	Tricia
Thurs.	11:00 - 11:45	Tricia
Thurs.	3:30 - 4:15	Jacob
Thurs.	3:45 - 4:30	Morgan
Thurs.	4:00 - 4:45	Tricia
Fri.	9:30 - 10:15	Dawn
Fri.	10:15 - 11:00	Dawn
Fri.	4:00 - 4:45	Cynthia
Fri.	5:00 – 5:45	Heather
Fri.	5:45 - 6:30	Heather
Sat.	9:45 - 10:30	Cynthia
Sat.	10:45 - 11:30	Cynthia
Sat.	11:30 – 12:15	Tricia
Sat.	11:45 - 12:30	Cynthia
Sat.	12:30 – 1:15	Kathi
Sat.	1:15 - 2:00	Cynthia

<b>Bumblebees</b> (Intermediate 4-6 years Testing required)		
Mon.	3:45 – 4:45	Dawn
Mon.	5:30 - 6:30	Celeste
Tues.	1:00 - 2:00	Cynthia
Tues.	6:00 - 7:00	Greg
Wed	9:00 - 10:00	Dawn
Wed.	1:00 – 2:00	Donna
Wed	3:00 - 4:00	Tricia
Thurs.	4:45 - 5:45	Cynthia
Thurs.	6:00 - 7:00	Tricia
Fri.	12:00 - 1:00	Dawn
Sat.	12:15 - 1:15	Tricia
Sat.	2:00 - 3:00	Cynthia

<b>HUMMINGBIRDS</b> (Advanced 4-6 year olds; Testing required)		
Tues.	6:00 - 7:00	Tricia
Wed	2:30 - 3:30	Shana
Thur.	5:15 - 6:15	Morgan

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<b>MINI BOUNDERS</b> (Level 1: Grades 1 & 2)		
Mon.	3:45 - 4:45	Donna
Mon.	4:45 - 5:45c	Donna
Mon.	5:45 - 6:45	Tricia
Mon.	6:30 - 7:30	Dawn
Tues.	4:00 - 5:00	Kathi
Tues.	4:00 - 5:00c	Tricia
Tues.	5:00 - 6:00c	Kathi
Tues.	7:15 - 8:15c	Kathi
Tues.	7:15 - 8:15c	Tricia
Wed.	1:45 - 2:45c	Trunel
Wed.	2:00 - 3:00	Tricia
Wed.	2:45 - 3:45c	Trunel
Wed.	3:00 - 4:00	Shirley
Wed.	3:30 - 4:30	Donna
Wed.	4:00 - 5:00	Shirley
Wed.	6:45 - 7:45	Tricia
Thurs.	3:45 - 4:45c	Cynthia
Thurs.	4:30 - 5:30c	Kathi
Thurs.	5:30 - 6:30c	Kathi
Thurs.	6:00 - 7:00	Cynthia
Thurs.	6:30 - 7:30	Kathi
Fri.	4:00 - 5:00c	Heather
Fri.	4:45 - 5:45	Cynthia
Fri.	4:45 - 5:45c	Jacob
Fri.	6:30 - 7:30c	Heather
Sat.	9:15 - 10:15c	Kathi
Sat.	9:30 - 10:30	Tricia
Sat.	10:15 - 11:15	Kathi
Sat.	10:30 - 11:30c	Emily B.
Sat.	11:30 - 12:15c	Emily B.
Sat.	11:45 - 12:45c	Cynthia
Sat.	1:30 - 2:30	Kathi
Sat.	2:00 - 3:00c	Emily B.

<b>BOUNDERS</b> (Level 1: Grades 3, 4 & 5)		
Mon.	4:45 - 5:45c	Donna
Mon.	5:00 - 6:00	Jacob
Tues.	3:45 - 4:45	Greg
Tues.	4:00 - 5:00c	Tricia
Tues.	5:00 - 6:00c	Kathi
Tues.	7:15 - 8:15c	Kathi
Tues.	7:15 - 8:15c	Tricia
Wed.	1:45 - 2:45c	Trunel
Wed.	2:00 - 3:00	Donna
Wed.	2:45 - 3:45c	Trunel
Thurs.	3:45 - 4:45c	Cynthia
Thurs.	4:30 - 5:30c	Kathi
Thurs.	5:30 - 6:30c	Kathi

<b>BOUNDERS CONTINUED</b> (Level 1: Grades 3, 4 & 5)		
Fri.	4:00 - 5:00c	Heather
Fri.	4:45 - 5:45c	Jacob
Fri.	6:30 - 7:30c	Heather
Sat.	9:15 - 10:15c	Kathi
Sat.	10:30 - 11:30c	Emily B.
Sat.	11:30 - 12:30c	Emily B.
Sat.	2:00 - 3:00c	Emily B.

<b>MINI FLIPS</b> Skill Evaluation Required (Level 2: Grades 1 & 2)		
Mon.	6:45 - 8:00c	Tricia
Mon.	7:15 - 8:30	Donna
Mon.	7:15 - 8:30c	Celeste
Tues.	4:15 - 5:30c	Anne
Tues.	7:00 - 8:15c	Anne
Wed.	2:30 - 3:45	Greg
Wed.	4:15 - 5:30c	Jacob
Wed.	5:15 - 6:30	Shirley
Wed.	5:30 - 6:45c	Tricia
Wed.	6:30 - 7:45	Shirley
Thurs.	4:15 - 5:30c	Jacob
Thurs.	7:00 - 8:15	Cynthia
Fri.	5:45 - 7:00c	Cynthia
Sat.	9:15 - 10:30c	Emily B.

<b>FLIPS</b> Skill Evaluation Required (Level 2: Grades 3, 4, & 5)		
Mon.	6:00 - 7:15	John
Mon.	6:45 - 8:00c	Tricia
Mon.	7:15 - 8:30c	Celeste
Tues.	4:15 - 5:30c	Anne
Tues.	7:00 - 8:15c	Anne
Wed.	4:15 - 5:30c	Jacob
Wed.	5:30 - 6:45c	Tricia
Wed.	6:00 - 7:00	Donna
Thurs.	4:15 - 5:30c	Jacob
Fri.	5:45 - 7:00c	Cynthia
Sat.	9:15 - 10:30c	Emily B.

<b>AERIALS</b> (Level 3: Grades 1 <sup>st</sup> - 5 <sup>th</sup> )		
Mon.	4:15 - 5:30	Tricia
Mon.	5:45 - 7:00	Donna
Tues.	4:00 - 5:15	Donna
Tues.	5:45 - 7:00	Anne
Wed.	4:30 - 5:45	Donna
Wed.	5:15 - 6:30	Trunel
Wed.	6:45 - 8:00	Trunel
Thurs.	6:30 - 7:45	Morgan
Thurs.	7:00 - 8:15	Tricia
Sat.	1:45 - 3:00	Tricia

<b>SPRINGERS</b> Skill Evaluation Required (Level 4: 1 <sup>st</sup> - 5 <sup>th</sup> )		
Mon	7:15 - 8:45	Jacob
Wed	6:45 - 8:15	Jacob

<b>MIDDLE SCHOOL</b> Intermediate - Advanced		
Tues.	7:15 - 8:45	Shana
Sat	9:00 - 10:30	John
Sat	10:45 - 12:15	John

**HIGH SCHOOL DROP-IN**  
Must have punch card  
Offered at the Bellevue Gym

<b>FLYING NINJA PROGRAM LEVEL 1</b> (For Girls Grades 1 <sup>st</sup> - 2 <sup>nd</sup> )		
Sat	12:45 - 1:30	Emily B

<b>FLYING NINJA PROGRAM LEVEL 1</b> (For Girls Grades 3 <sup>rd</sup> - 5 <sup>th</sup> )		
Sat	9:45 - 10:30	Jacob

c = combined age groups

# Issaquah Gym School Year Coaches 2019-2020

## BOYS PROGRAM

<b>MINI EAGLES/EAGLES</b>		
<b>(Level 1: Grades 1 - 5)</b>		
Mon.	5:00 - 6:00c	John
Mon.	7:15 - 8:15c	John
Tues.	4:45 - 5:45c	Greg
Wed.	2:45 - 3:45c	Jacob
Wed.	5:45 - 6:45c	Jacob
Fri.	3:45 - 4:45c	Jacob

<b>FALCONS/HAWKS</b>		
<b>(Level 2: Grades 1 - 5)</b>		
Skill Evaluation Required		
Mon	6:00 - 7:15	Jacob
Thur	5:45- 7:00	Jacob
Fri	6:00 - 7:15	Jacob

<b>FLYING NINJA PROGRAM LEVEL 1</b>		
<b>(For Boys Grades 1<sup>st</sup> - 2nd)</b>		
Tues.	7:00 - 7:45	Greg
Sat.	10:45 - 11:30	Jacob
Sat.	12:45 - 1:30	Jacob

<b>FLYING NINJA PROGRAM LEVEL 1</b>		
<b>(For Boys Grades 3rd - 5th)</b>		
Tues	7:45 - 8:30	Jacob
Sat.	9:00 - 9:45	Jacob

<b>FLYING NINJA PROGRAM LEVEL 2</b>		
Skill Evaluation Required		
Thur.	7:15 - 8:15	Jacob
Sat.	11:30 - 12:30	Jacob

c = combined age groups
Rev. 8/19/19