

Acro-dance/Conditioning Drop-in Class

This class runs most Sundays at our Issaquah Team Gym for
Girls 1st through Highschool

1st— 4th grade: 9:30am-10:30am
5th—Highschool: 10:30am-11:30am

This program runs on a punch card system,
which can be purchased at the Issaquah
Gym office. They are \$108 for 4 punches
and \$216 for 8 punches.

All punch cards expire six months
from date of purchase. An annual
registration fee of \$60 is also
required. This class is centered on
fundamental acrobatic technique and will
increase flexibility, strength, balance,
coordination, endurance, timing, body awareness,
self-discipline and confidence.



Register:

You must have an account created
on our Parent Portal at
www.gymeast.com and buy punch
card at the Issaquah Gym office
located at 1680 NW Mall Street,
Issaquah, WA 98027
(425) 392-2621

CLASS LOCATION:
Issaquah Team Gym
1590 NW Maple St.
Issaquah, WA 98027