

Acro-dance/Conditioning Drop-in Class

This class runs most Sundays at our Issaquah Team Gym for
Girls 1st through 8th Grade

1st— 4th grade: 9:30am-10:30am

5th—8th grade: 10:30am-11:30am

An additional advanced class may be
added if needed



This program runs on a punch card system, which can
be purchased at the Issaquah Gym office. They are
\$108 for 4 punches and \$216 for 8 punches.

All punch cards expire six months from date
of purchase. An annual registration fee of \$60 is
also required. This class is centered on fundamental acrobatic
technique and will increase flexibility, strength, balance,
coordination, endurance, timing, body awareness,
self-discipline and confidence.

Registration NOW open!

Register:

You must have an account created
on our Parent Portal at
www.gymeast.com and buy punch
card at the Issaquah Gym office
located at 1680 NW Mall Street,
Issaquah, WA 98027
(425) 392-2621

CLASS LOCATION:

*Issaquah Team Gym
1590 NW Maple St.
Issaquah, WA 98027*