

Open Gyms

Issaquah Gym

Mondays 7:00pm-8:00pm

See the website for other available Open Gym dates/times

Bellevue Gym

Thursdays 6:45pm-7:45pm

Saturdays 12:00pm-1:00pm

\$20.00/hr (includes tax)

Pre-registration on-line is required @www.gymeast.com

SPECIAL NOTE:

This is an open gym class & make-up class for 1st - 5th grade boys & girls in our boys/girls gymnastics or ninja program. Due to covid, it will need to be more structured than a regular open gym to ensure proper social distancing can happen. Students will be able to work on the skills they want with-in reason and the instructor's discretion at the events the class are scheduled on.

Open gym is a non-instructional time for your child to practice skills independently and play with new kids of all ages in a fun and safe environment.

Supervising coaches are CPR/ First Aid certified. Open to Kindergarten age children through Middle School.

Open gym is for current students as well as the general public! Jump on the trampoline, practice a cartwheel, balance on the beam and swing on the bars.

\$20.00/hr (includes tax) paid online when you pre-register. Open gym as a make-up class must pre-register on-line and a make-up token will be removed from your account.

All kids must have an account on our parent portal to participate. Cancellation is required within 48 hours of your scheduled Open Gym date to receive credit or a make-up token back to your account. If you cancel within 48 hours of your Open Gym scheduled date, there are no credits or make-up tokens back to your account!

Open gym tips and guidelines:

- The business office and phone are not open during open gym time.
- Need to bring a mask to wear for Open Gym, backpack for belongings, water bottle and personal hand sanitizer.
- Open gym waiver is on file from September -August on your parent portal.
- Tie all long hair back and remove socks and shoes before checking in.
- Foam pit (Bellevue Gym) is not available during open gym.
- One person on the trampolines and rings at a time.
- No jumping off equipment to swing on rope.
- Only coaches and students are allowed on the gym floor.

