

Bellevue Gym School Year Coaches 2021 - 2022

Tiny Tot Program: 18 months - age 6 (Kindergarten)

PARENT & TOT (18 months - 3 years)		Bumblebees (now 45 min. classes)	
MON	11:30-12:15 Anne	Intermediate 4-5 years	
TUE	9:30-10:15 Anne	Testing required	
		MON	5:00-5:00 Larisa
		TUE	3:15-4:15 Polly
		WED	2:45-3:45 Emily
		SAT	12:45-1:45 Shannon M
GRASSHOPPERS (3 year olds)		HUMMINGBIRDS	
MON	9:30-10:15 Anne	(Advanced 4-6 year olds)	
TUE	10:30-11:15 Anne	Testing required	
TUE	5:15-6:00 Dawn	TUE 1:00-2:00 Tricia	
WED	1:45-2:30 Emily		
SAT	10:30-11:15 Shannon		

CRICKETS (Beginner 4-5 year olds)		Two classes at the same time	
MON	10:30-11:15 Anne	Rev. 6-11-2021	
MON	2:45-3:30 Polly		
MON	3:00-3:45 John		
MON	3:45-4:30 Polly		
MON	4:45-5:30 Polly		
MON	5:45-6:30 Polly		
TUE	11:30-12:15 Anne		
TUE	2:15-3:00 Polly		
TUE	3:15-4:00 Dawn		
TUE	4:15-5:00 Dawn		
TUE	4:45-5:30 Crystal		
TUE	6:15-7:00 Dawn		
WED	1:40-2:15 John		
THUR	3:15-4:00 Crystal		
THUR	3:30-4:15 Greg		
FRI	3:00-3:45 Greg		
SAT	9:00-10:00 Sam S		
SAT	11:15-12:00 Sam S		
SAT	11:45-12:30 Shannon M		
SAT	1:15-2:00 Greg		

Bellevue Gym School Year Coaches 2021 - 2022

Girls Program

MINI BOUNDERS (Level 1: Grades 1 & 2)		FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 3,4, & 5)		MIDDLE SCHOOL Beginner - Advanced This class is held at the	
MON	5:15-6:15 Anne	WE	4:15-5:15 Norton	TU	7:15-8:45* Crystal/John
WED	4:00-5:00 Larisa	WE	5:15-6:15 Larisa	E	
WED	5:45-6:45 Ellie				
WED	5:30-6:30 Emily				
THURS	4:00-5:00 Anne				
SAT	10:00-11:00 Sam S				
		MINI FLIPS/FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 1 - 5)		HIGH SCHOOL DROP-IN Must have punch card	
		MO	5:30-6:30 Ellie	MO	6:45-8:45 Ellie
		W	4:00-5:00 Norton	N	
		TU	4:00-5:00 Norton		
		WE	3:15-4:15 Anne		
		D	4:15-5:00 Norton		
		FRI	5:00-6:00 Norton		
		SAT	10:15-11:00 Greg		
BOUNDERS (Level 1: Grades 3, 4 & 5)		AERIALS (now 1 hour class) (Level 2: Grades 1 st - 5 th)		ISSAQUAH GYM LOCATION	
MON	4:15-5:15 Ellie	MO	7:30-8:45 Larisa		
TUE	5:15-6:15 Norton	N	8:45-9:45 Larisa		
THURS	5:00-6:00 Norton	TU	5:45-6:45 Crystal		
		E	7:00-8:00 Crystal		
		WE	6:30-7:30 Larisa		
		TH	5:45-6:45 Crystal		
		UR	7:00-8:00 Crystal		
		S	5:15-6:30 Greg		
		FRI	11:45-1:00 Greg		
		SAT			
		SPRINGERS (now 1.25 hour class) Skill Evaluation Required (Level 4: 4 th - 6 th)		ACRODANCE & CONDITIONING 1st Grade - 5th Grade Middle & High School	
		MO	5:00-6:15 Norton	Thu	7:45 - 8:45 Shana
		N	6:15-7:15 Anne	Sat	9:00 - 10:00 Shana
		TU	4:00-5:15 Anne		
		W	4:45-5:15 Anne		
		D	6:00-7:00 Anne		
MINI FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 1 & 2)				FLYING NINJA PROG LEVEL 1 Skill Evaluation Required (For Beginners-Co-ed Grades 1-6)	
MON	4:00-5:00 Anne			Sat	10:15 - 11:00 Jacob
WED	4:30-5:15 Ellie			Sat	12:15 - 1:00 Jacob
				FLYING NINJA PROG LEVEL 2 Skill Evaluation Required (Co-ed Grades 3rd - 5th)	
				Tue	7:30 - 8:30 Jacob
				Fri	6:45 - 7:45 Jacob
				HOMESCHOOL	
				Co-ed Grades 1 - 5	
				Mo 12:00 - 1:15 Dawn	

Rev. 6-11-2021

Bellevue Gym School Year Coaches 2022 - 2022

BOYS & Ninja PROGRAM

MINI EAGLES/EAGLES (Level 1: Grades 1 - 5)		BELLEVUE GYM LOCATION FLYING NINJA PROGRAM LEVEL 1 Skill Evaluation Required (For Beginners - Co-ed Grades 1 - 5)	
TUE	4:45-5:45 Polly	Mon	7:15-8:00 Polly
WED	2:45-3:45 John	Tues	7:15-8:00 Polly
THUR	6:00-7:00 Greg		
SAT	9:00-10:00 Greg		
		ISSAQUAH GYM LOCATION FLYING NINJA PROGRAM LEVEL 1 (For Boys Grades 1 - 5)	
		Thurs.	7:30 - 8:15 Jacob
		Thurs.	7:30 - 8:15 Polly
		Sat.	9:00-9:45 Polly
		Sat.	10:00-10:45 Jacob
		Sat.	10:00-10:45 Polly
		Sat.	11:15-12:00 Jacob
		FLYING NINJA PROGRAM LEVEL 2 (Co-ed Grades 1 - 5) Skill Evaluation Required	
		Tues.	7:15 - 8:15 Jacob
		Fri	6:45 - 7:45 Jacob
		Sat	12:15-1:15 Jacob
		FLYING NINJA PROGRAM LEVEL 1 Skill Evaluation Required (For Beginners - Co-ed Grades 1 - 5)	
		Sat	9:00-9:45 Jacob
		Sat	12:15-1:00 Polly
		FLYING NINJA PROGRAM LEVEL 1 Skill Evaluation Required (For Beginners - Girls Grades 1 - 5)	
		Sat	11:15-12:00 Polly

Rev. 6-11-2021

Bellevue Gym School Year Coaches 2021 - 2022

Girls Program

MINI BOUNDERS (Level 1: Grades 1 & 2)		
MON	5:15-6:15	Anne
WED	4:00-5:00	Larisa
WED	5:45-6:45	Ellie
WED	5:30-6:30	Emily
THURS	4:00-5:00	Anne
SAT	10:00-11:00	Sam S

BOUNDERS (Level 1: Grades 3, 4 & 5)		
MON	4:15-5:15	Ellie
TUE	5:15-6:15	Norton
THURS	5:00-6:00	Norton

MINI BOUNDERS/BOUNDERS (Level 1: Grades 1 - 5)		
MON	3:45-4:45	Norton
MON	6:15-7:15	Larisa
TUE	3:45-4:45	Crystal
TUE	5:30-6:30	Anne
TUE	6:00-7:00	Polly
WED	1:45-2:45	Norton
WED	4:15-5:15	Emily
THUR	4:15-5:15	Crystal
THURS	7:15-8:15	Crystal
FRI	4:00-5:00	Greg
SAT	9:15-10:15	Shannon
SAT	12:15-1:15	Sam S

MINI FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 1 & 2)		
MON	4:00-5:00	Anne
WED	4:30-5:30	Ellie

FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 3,4,& 5)		
WED	4:15-5:15	Norton
WED	5:15-6:15	Larisa

MINI FLIPS/FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 1 - 5)		
MON	5:30-6:30	Ellie
TUE	4:00-5:00	Norton
WED	3:15-4:15	Anne
FRI	5:00-6:00	Norton
SAT	10:15-11:15	Greg

AERIALS (now 1 hour class) (Level 3: Grades 1 st - 5 th)		
MON	7:30-8:45	Larisa
TUE	5:45-7:00	Crystal
WED	6:30-7:45	Larisa
THURS	5:45-7:00	Crystal
FRI	5:15-6:30	Greg
SAT	11:45-1:00	Greg

SPRINGERS (now 1.25 hour class) Skill Evaluation Required (Level 4: 1 st - 5 th)		
MON	5:00-6:15	Norton
TUE	4:00-5:15	Anne
WED	4:45-6:00	Anne

MIDDLE SCHOOL Beginner - Advanced This class is held at the		
TUE	7:15-8:45*	Crystal/John

HIGH SCHOOL DROP-IN Must have punch card		
MON	6:45-8:45	Ellie

ISSAQUAH GYM LOCATION		
ACRO/DANCE & CONDITIONING 1st Grade - 5th Grade		
Thurs.	7:45 - 8:45	Shana
Middle & High School		
Sat	9:00 - 10:00	Shana

FLYING NINJA PROG LEVEL 1 Skill Evaluation Required (For Beginners-Co-ed Grades 1-5)		
Sat	10:15 - 11:00	Jacob
Sat	12:15 - 1:00	Jacob

FLYING NINJA PROGLEVEL 2 Skill Evaluation Required (Co-ed Grades 3rd - 5th)		
Tues	7:30 - 8:30	Jacob
Fri	6:45 - 7:45	Jacob

HOMESCHOOL Co-ed Grades 1 - 5		
Mon.	12:00 - 1:15	Dawn

Bellevue Gym School Year Coaches 2022 - 2021

BOYS & Ninja PROGRAM

MINI EAGLES/EAGLES

(Level 1: Grades 1 - 5)

TUE	4:45-5:45	Polly
WED	2:45-3:45	John
THUR	6:00-7:00	Greg
SAT	9:00-10:00	Greg

FALCONS/HAWKS (now 1 hour class)

(Level 2: Grades 1 - 5)

Skill Evaluation Required

THUR	4:45-6:00	Greg
THUR	7:15-8:30	Greg

ISSAQUAH GYM LOCATION

HOMESCHOOL (ISSAQUAH GYM)

Co-ed Grades 1 - 5

Mon.	12:00 - 1:15	Dawn
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Rev. 6-11-2021

BELLEVUE GYM LOCATION

FLYING NINJA PROGRAM LEVEL 1

Skill Evaluation Required

(For Beginners - Co-ed Grades 1 - 5)

Mon	7:15-8:00	Polly
Tues	7:15-8:00	Polly

ISSAQUAH GYM LOCATION

FLYING NINJA PROGRAM LEVEL 1

(For Boys Grades 1 - 5)

Thurs.	7:30 - 8:15	Jacob
Thurs.	7:30 - 8:15	Polly
Sat.	9:00-9:45	Polly
Sat.	10:00-10:45	Jacob
Sat.	10:00-10:45	Polly
Sat.	11:15-12:00	Jacob

FLYING NINJA PROGRAM LEVEL 2

(Co-ed Grades 1 - 5)

Skill Evaluation Required

Tues.	7:15 - 8:15	Jacob
Fri	6:45 - 7:45	Jacob
Sat	12:15-1:15	Jacob

FLYING NINJA PROGRAM LEVEL 1

Skill Evaluation Required

(For Beginners - Co-ed Grades 1 - 5)

Sat	9:00-9:45	Jacob
Sat	12:15-1:00	Polly

FLYING NINJA PROGRAM LEVEL 1

Skill Evaluation Required

(For Beginners - Girls Grades 1 - 5)

Sat	11:15-12:00	Polly
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