

Bellevue Gym School Year Coaches 2020 - 2021

Tiny Tot Program: 18 months - age 6 (Kindergarten)

| PARENT & TOT | | |
|-----------------------------|-------------|------|
| (18 months – 3years) | | |
| MON | 11:30-12:15 | Anne |
| TUE | 9:30-10:15 | Anne |

| GRASSHOPPERS | | |
|----------------------|-------------|---------|
| (3 year olds) | | |
| MON | 9:30-10:15 | Anne |
| TUE | 10:30-11:15 | Anne |
| TUE | 5:15-6:00 | Dawn |
| FRI | 2:45-3:30 | Ben |
| SAT | 10:00-10:45 | Cynthia |
| SAT | 10:30-11:15 | Shannon |

| CRICKETS | | |
|---------------------------------|-------------|-----------|
| (Beginner 4-6 year olds) | | |
| MON | 10:30-11:15 | Anne |
| MON | 3:00-3:45 | Polly |
| MON | 3:30-4:15 | Ben |
| MON | 4:00-4:45 | Victoria |
| MON | 5:00-5:45 | Victoria |
| MON | 6:00-6:45 | Victoria |
| TUE | 11:30-12:15 | Anne |
| TUE | 2:15-3:00 | Ben |
| TUE | 3:15-4:00 | Dawn |
| TUE | 4:15-5:00 | Dawn |
| TUE | 6:15-7:00 | Dawn |
| WED | 1:45-2:30 | Ben |
| THUR | 3:15-4:00 | Cynthia |
| THUR | 3:30-4:15 | Emily R |
| THUR | 3:45-4:30 | Greg |
| FRI | 3:15-4:00 | Cynthia |
| FRI | 4:15-5:00 | Cynthia |
| FRI | 3:45-4:30 | Ben |
| FRI | 4:45-5:30 | Ben |
| SAT | 9:00-9:45* | Sam S |
| SAT | 11:15-12:00 | Sam S |
| SAT | 11:45-12:30 | Shannon M |
| SAT | 1:15-2:00 | Greg |

| Bumblebees (now 45 min. classes) | | |
|---|------------|-----------|
| (Intermediate 4-6 years) | | |
| Testing required | | |
| MON | 5:15-6:00 | Larisa |
| TUE | 3:30-4:15 | Ben |
| FRI | 5:15-6:00 | Cynthia |
| SAT | 12:45-1:30 | Shannon M |

| HUMMINGBIRDS | | |
|---------------------------------|-----------|--------|
| (Advanced 4-6 year olds; | | |
| Testing required | | |
| TUE | 6:30-7:30 | Tricia |

(ISSAQUAH GYM ONLY)

| Virtual Classes | | |
|--|-------------|-----|
| Parent-Tot/Grasshopper/Cricket | | |
| | | |
| | | |
| Mini Bouncers/Bouncers/Mini Flips/Flips | | |
| Bumblebee/Hummingbird | | |
| Fri. | 3:45 - 4:15 | Ben |

*two classes at the same time

Bellevue Gym School Year Coaches 2020 - 2021

Girls Program

MINI BOUNDERS (Level 1: Grades 1 & 2)

| | | |
|------|-------------|---------|
| MON | 3:45-4:45 | Norton |
| MON | 5:15-6:15 | Anne |
| TUE | 6:00-7:00 | Ben |
| WED | 4:00-5:00 | Larisa |
| WED | 5:00-6:00 | Norton |
| THUR | 4:00-5:00 | Anne |
| FRI | 4:00-5:00 | Greg |
| SAT | 9:15-10:15 | Shannon |
| SAT | 10:00-11:00 | Sam S |
| SAT | 12:15-1:15 | Sam S |

BOUNDERS (Level 1: Grades 3, 4 & 5)

| | | |
|-----|-----------|--------|
| MON | 4:30-5:30 | Ben |
| TUE | 5:00-6:00 | Norton |
| WED | 3:30-4:30 | Anne |
| WED | 5:45-6:45 | Ben |

MINI BOUNDERS/BOUNDERS (Level 1: Grades 1 - 5)

| | | |
|------|-------------|---------|
| MON | 7:00-8:00 | Ben |
| TUE | 5:30-6:30 | Anne |
| WED | 4:15-5:15 | Ellie |
| WED | 5:30-6:30 | Ellie |
| WED | 7:00-8:00 | Ben |
| THUR | 4:15-5:15 | Cynthia |
| THUR | 4:30-5:30 | Emily R |
| THUR | 5:00-6:00 | Norton |
| FRI | 5:45-6:45 | Ben |
| SAT | 11:00-12:00 | Cynthia |

MINI FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 1 & 2)

| | | |
|-----|-----------|------|
| MON | 4:00-5:00 | Anne |
|-----|-----------|------|

FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 3, 4, & 5)

| | | |
|-----|-------------|--------|
| MON | 4:15-5:15 | Ellie |
| WED | 3:45-4:45 | Norton |
| SAT | 10:15-11:15 | Greg |

MINI FLIPS/FLIPS (now 1 hour class) Skill Evaluation Required (Level 2: Grades 1 - 5)

| | | |
|------|------------|----------|
| MON | 6:15-7:15 | Larisa |
| TUE | 3:45-4:45 | Norton |
| WED | 4:45-5:45 | Anne |
| WED | 6:15-7:15 | Larisa |
| THUR | 5:30-6:30 | Cynthia |
| THUR | 5:45-6:45 | Emily R |
| FRI | 5:00-6:00 | Norton |
| FRI | 6:30-7:00v | Emily R. |
| SAT | 9:00-10:00 | Greg |

AERIALS (now 1 hour class) (Level 3: Grades 1st - 5th)

| | | |
|-----|-------------|--------|
| MON | 5:30-6:30 | Ellie |
| MON | 7:30-8:30 | Larisa |
| TUE | 2:30-3:30 | Norton |
| WED | 2:15-3:15 | Anne |
| FRI | 5:15-6:15 | Greg |
| FRI | 6:30-7:30 | Greg |
| SAT | 11:45-12:45 | Greg |

SPRINGERS (now 1.25 hour class) Skill Evaluation Required (Level 4: 1st - 5th)

| | | |
|-----|-----------|--------|
| MON | 5:00-6:15 | Norton |
| TUE | 4:00-5:15 | Anne |

Virtual Classes

| | | |
|-------------------------------------|-------------|-----|
| Mini Bouncer/Bouncer/Mini Flip/Flip | | |
| Bumblebee/Hummingbird | | |
| Fri. | 3:45 - 4:15 | Ben |

MIDDLE SCHOOL Beginner - Advanced This class is held at the

| | | |
|------|-----------|---------|
| TUE | 7:15-8:45 | Ben |
| Thur | 7:00-8:30 | Emily R |

HIGH SCHOOL DROP-IN Must have punch card

| | | |
|-----|-----------|-------|
| MON | 6:45-8:45 | Ellie |
| WED | 6:45-8:45 | Ellie |

ISSAQUAH GYM LOCATION

ACRO/DANCE & CONDITIONING 1st Grade - 5th Grade

| | | |
|--------|-------------|-------|
| Thurs. | 7:45 - 8:45 | Shana |
|--------|-------------|-------|

Middle & High School

| | | |
|-----|--------------|-------|
| Sat | 9:00 - 10:00 | Shana |
|-----|--------------|-------|

FLYING NINJA PROG LEVEL 1 Skill Evaluation Required (For Beginners-Co-ed Grades 1-5)

| | | |
|-----|---------------|-------|
| Sat | 10:15 - 11:00 | Jacob |
| Sat | 12:15 - 1:00 | Jacob |

FLYING NINJA PROG LEVEL 2 Skill Evaluation Required (Co-ed Grades 3rd - 5th)

| | | |
|------|-------------|-------|
| Tues | 7:30 - 8:30 | Jacob |
| Fri | 6:45 - 7:45 | Jacob |

HOMESCHOOL

| | | |
|--------------------|--------------|------|
| Co-ed Grades 1 - 5 | | |
| Mon. | 12:00 - 1:00 | Dawn |

Virtual Classes

| | | |
|-------------------------------|-------------|----------|
| Aerial/Springer/Middle School | | |
| Fri. | 5:45 - 6:15 | Emily R. |

Flying Ninja Levels 1 & 2

| | | |
|--------|-------------|-------|
| Thurs. | 3:30 - 4:00 | Jacob |
|--------|-------------|-------|

Bellevue Gym School Year Coaches 2020 - 2021

BOYS & Ninja PROGRAM

MINI EAGLES/EAGLES

(Level 1: Grades 1 - 5)

| | | |
|------|-----------|------|
| MON | 5:45-6:45 | Ben |
| TUE | 4:45-5:45 | Ben |
| WED | 2:45-3:45 | Ben |
| THUR | 6:00-7:00 | Greg |

FALCONS/HAWKS (now 1 hour class)

(Level 2: Grades 1 - 5)

Skill Evaluation Required

| | | |
|------|-----------|------|
| WED | 4:30-5:30 | Ben |
| THUR | 4:45-5:45 | Greg |
| THUR | 7:15-8:15 | Greg |

ISSAQUAH GYM LOCATION

HOMESCHOOL (ISSAQUAH GYM)

Co-ed Grades 1 - 5

| | | |
|------|--------------|------|
| Mon. | 12:00 - 1:00 | Dawn |
|------|--------------|------|

Virtual Classes

Mini Eagle/Eagle & Falcon

| | | |
|------|-------------|------|
| Fri. | 6:30 - 7:00 | Greg |
|------|-------------|------|

Flying Ninja Levels 1 & 2

| | | |
|--------|-------------|-------|
| Thurs. | 3:30 - 4:00 | Jacob |
|--------|-------------|-------|

BELLEVUE GYM LOCATION

FLYING NINJA PROGRAM LEVEL 1

Skill Evaluation Required

(For Beginners - Co-ed Grades 1 - 5)

| | | |
|-----|-----------|-------|
| Mon | 7:00-7:45 | Polly |
|-----|-----------|-------|

ISSAQUAH GYM LOCATION

FLYING NINJA PROGRAM LEVEL 1

(For Boys Grades 1 - 5)

| | | |
|--------|---------------|-------------|
| Thurs. | 7:30 - 8:15 | Jacob |
| Thurs. | 7:30 - 8:15 | Polly |
| Sat. | 9:15 - 10:00 | Jacob |
| Sat. | 11:15 - 12:00 | Jacob/Polly |

FLYING NINJA PROGRAM LEVEL 2

(Co-ed Grades 1 - 5)

Skill Evaluation Required

| | | |
|-------|-------------|-------|
| Tues. | 7:30 - 8:30 | Jacob |
| Fri | 6:45 - 7:45 | Jacob |

FLYING NINJA PROGRAM LEVEL 1

Skill Evaluation Required

(For Beginners - Co-ed Grades 1 - 5)

| | | |
|------|---------------|-------|
| Sat | 10:15 - 11:00 | Jacob |
| Sat. | 12:15 - 1:15 | Jacob |