

# Bellevue Gym School Year Coaches 2020 - 2021

## Tiny Tot Program: 18 months - age 6 (Kindergarten)

<b>PARENT &amp; TOT</b>		
<b>(18 months – 3years)</b>		
MON	11:30-12:15	Anne
TUE	9:30-10:15	Anne

<b>GRASSHOPPERS</b>		
<b>(3 year olds)</b>		
MON	9:30-10:15	Anne
TUE	10:30-11:15	Anne
TUE	5:15-6:00	Dawn
FRI	2:45-3:30	Ben
SAT	10:30-11:15	Shannon

<b>CRICKETS</b>		
<b>(Beginner 4-6 year olds)</b>		
MON	10:30-11:15	Anne
MON	3:30-4:15	Ben
MON	4:00-4:45	Victoria
MON	5:00-5:45	Victoria
MON	6:00-6:45	Victoria
TUE	11:30-12:15	Anne
TUE	2:15-3:00	Ben
TUE	4:15-5:00	Dawn
TUE	6:15-7:00	Dawn
WED	1:45-2:30	Ben
THUR	3:30-4:15	Emily R
THUR	3:45-4:30	Greg
FRI	3:45-4:30	Ben
FRI	4:45-5:30	Ben
SAT	9:00-9:45	Sam S
SAT	11:15-12:00	Sam S
SAT	11:45-12:30	Shannon M
SAT	1:15-2:00	Greg

<b>Bumblebees (now 45 min. classes)</b>		
<b>(Intermediate 4-6 years)</b>		
<b>Testing required</b>		
MON	5:15-6:00	Larisa
TUE	3:30-4:15	Ben
SAT	12:45-1:30	Shannon M

<b>HUMMINGBIRDS</b>		
<b>(Advanced 4-6 year olds;</b>		
<b>Testing required</b>		
TUE	6:30-7:30	Tricia

**(ISSAQUAH GYM ONLY)**

<b>Virtual Classes</b>		
<b>Parent-Tot/Grasshopper/Cricket</b>		
<b>Mini Bounders/Bounders/Mini Flips/Flips</b>		
<b>Bumblebee/Hummingbird</b>		
Fri.	3:45 - 4:15	Ben

# Bellevue Gym School Year Coaches 2020 - 2021

## Girls Program

### **MINI BOUNDERS** (Level 1: Grades 1 & 2)

MON	3:45-4:45	Norton
MON	5:15-6:15	Anne
TUE	6:00-7:00	Ben
WED	4:00-5:00	Larisa
WED	5:00-6:00	Norton
THUR	4:00-5:00	Anne
FRI	4:00-5:00	Greg
SAT	9:15-10:15	Shannon
SAT	10:00-11:00	Sam S
SAT	12:15-1:15	Sam S

### **BOUNDERS** (Level 1: Grades 3, 4 & 5)

MON	4:30-5:30	Ben
TUE	5:00-6:00	Norton
WED	3:30-4:30	Anne
WED	5:45-6:45	Ben

### **MINI BOUNDERS/BOUNDERS** (Level 1: Grades 1 - 5)

MON	7:00-8:00	Ben
TUE	5:30-6:30	Anne
WED	4:15-5:15	Ellie
WED	5:30-6:30	Ellie
WED	7:00-8:00	Ben
THUR	4:30-5:30	Emily R
THUR	5:00-6:00	Norton
FRI	5:45-6:45	Ben

### **MINI FLIPS (now 1 hour class)** Skill Evaluation Required (Level 2: Grades 1 & 2)

MON	4:00-5:00	Anne
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### **FLIPS (now 1 hour class)** Skill Evaluation Required (Level 2: Grades 3,4,& 5)

MON	4:15-5:15	Ellie
WED	3:45-4:45	Norton
SAT	10:15-11:15	Greg

### **MINI FLIPS/FLIPS** (now 1 hour class) Skill Evaluation Required (Level 2: Grades 1 - 5)

MON	6:15-7:15	Larisa
TUE	3:45-4:45	Norton
WED	4:45-5:45	Anne
WED	6:15-7:15	Larisa
THUR	5:45-6:45	Emily R
FRI	5:00-6:00	Norton
FRI	6:30-7:00v	Emily R.
SAT	9:00-10:00	Greg

### **AERIALS (now 1 hour class)** (Level 3: Grades 1<sup>st</sup> - 5<sup>th</sup>)

MON	5:30-6:30	Ellie
MON	7:30-8:30	Larisa
TUE	2:30-3:30	Norton
WED	2:15-3:15	Anne
FRI	5:15-6:15	Greg
FRI	6:30-7:30	Greg
SAT	11:45-12:45	Greg

### **SPRINGERS** (now 1.25 hour class) Skill Evaluation Required (Level 4: 1<sup>st</sup> - 5<sup>th</sup>)

MON	5:00-6:15	Norton
TUE	4:00-5:15	Anne

### **Virtual Classes** Mini Bouncer/Bouncer/Mini Flip/Flip Bumblebee/Hummingbird

Fri.	3:45 - 4:15	Ben
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### **MIDDLE SCHOOL** Beginner - Advanced This class is held at the

TUE	7:15-8:45	Ben
Thur	7:00-8:30	Emily R

### **HIGH SCHOOL DROP-IN** Must have punch card

MON	6:45-8:45	Ellie
WED	6:45-8:45	Ellie

### **ISSAQUAH GYM LOCATION**

### **ACRO/DANCE & CONDITIONING** 1st Grade - 5th Grade

Thurs.	7:45 - 8:45	Shana
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### **Middle & High School**

Sat	9:00 - 10:00	Shana
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### **FLYING NINJA PROG LEVEL 1** Skill Evaluation Required (For Beginners-Co-ed Grades 1-5)

Sat	10:15 - 11:00	Jacob
Sat	12:15 - 1:00	Jacob

### **FLYING NINJA PROGLEVEL 2** Skill Evaluation Required (Co-ed Grades 3rd - 5th)

Tues	7:30 - 8:30	Jacob
Fri	6:45 - 7:45	Jacob

### **HOMESCHOOL** Co-ed Grades 1 - 5

Mon.	12:00 - 1:00	Dawn
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### **Virtual Classes**

### **Aerial/Springer/Middle School**

Fri.	5:45 - 6:15	Emily R.
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### **Flying Ninja Levels 1 & 2**

Thurs.	3:30 - 4:00	Jacob
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# Bellevue Gym School Year Coaches 2020 - 2021

## BOYS & Ninja PROGRAM

### MINI EAGLES/EAGLES

(Level 1: Grades 1 - 5)

MON	5:45-6:45	Ben
TUE	4:45-5:45	Ben
WED	2:45-3:45	Ben
THUR	6:00-7:00	Greg

### FALCONS/HAWKS (now 1 hour class)

(Level 2: Grades 1 - 5)

Skill Evaluation Required

WED	4:30-5:30	Ben
THUR	4:45-5:45	Greg
THUR	7:15-8:15	Greg

### ISSAQUAH GYM LOCATION

#### HOMESCHOOL (ISSAQUAH GYM)

Co-ed Grades 1 - 5

Mon.	12:00 - 1:00	Dawn
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### Virtual Classes

#### Mini Eagle/Eagle & Falcon

Fri.	6:30 - 7:00	Greg
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#### Flying Ninja Levels 1 & 2

Thurs.	3:30 - 4:00	Jacob
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### BELLEVUE GYM LOCATION

#### FLYING NINJA PROGRAM LEVEL 1

Skill Evaluation Required

(For Beginners - Co-ed Grades 1 - 5)

Mon	7:00-7:45	Polly
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### ISSAQUAH GYM LOCATION

#### FLYING NINJA PROGRAM LEVEL 1

(For Boys Grades 1 - 5)

Thurs.	7:30 - 8:15	Jacob
Thurs.	7:30 - 8:15	Polly
Sat.	9:15 - 10:00	Jacob
Sat.	11:15 - 12:00	Jacob/Polly

#### FLYING NINJA PROGRAM LEVEL 2

(Co-ed Grades 1 - 5)

Skill Evaluation Required

Tues.	7:30 - 8:30	Jacob
Fri	6:45 - 7:45	Jacob

#### FLYING NINJA PROGRAM LEVEL 1

Skill Evaluation Required

(For Beginners - Co-ed Grades 1 - 5)

Sat	10:15 - 11:00	Jacob
Sat.	12:15 - 1:15	Jacob